

Press Release:

Jaywalking Somnambulist review and press release (Matthew Douglas/Madness to Creation)

Tomorrow, metal/deathcore band 9 STITCH METHOD will be releasing their album entitled "Jaywalking Somnambulist". This album promises to be brutal and showcase a lot of promise in the metal world. Here is what vocalist Patrick McElravy said about the record and the writing process of "Jaywalking Somnambulist":

Being a two man band has always been a little weird, especially in our live setting. With this album Josh and I really sat down together and constructed the songs musically from the ground up together this time. We both are the same but very differently musically, and seeing our different influences really mesh and meld together. We crafted ideas and tunes that never would have happened had we done our songs on our own. We really delved in head first together to try and do what was best for the songs. Vocally I'm a lot more comfortable and aware of where I am this time around. I went for more raw emotion instead of trying to wow people. I'll be upfront, I'm not that great a vocalist, but live my strong suit has always been able to convey how my songs effect me emotionally and I did my best to convey that on record. On the track "Black Sheep" I recorded the screams in the middle of my den, on the floor, having a panic attack and crying. You cant get more real than that aside from me having a mental breakdown on stage. Now for the bass and drums: I began working with a YouTube artist by the name Gus Wallner (aka "You Think Music") about 2 years ago collaborating. He lives in Brazil and I'm up here in the state of Pennsylvania. We brought Gus on board to write bass and drums and do production on the album. It was great having someone like him who was equally as excited to work on these tracks as we were. The man is a straight up machine. Truly can't say thank you enough to that crazy mofo for all he has done for us – Patrick McElravy

There are several things that stick out in the ol' noggin about this upcoming release. The first thing that comes to mind is the influences that 9 Stitch Method draws from. When, I listened and examined the opening cut entitled "Lethargic Reason", it had elements of deathcore mixed with some old school Korn meets old school Marilyn Manson vibe to it. It sounds apocalyptic while having that groove that would make Fieldy of Korn proud.

The second thing that sticks out to me is the rawness and emotion packed into the 9 Stitch Method sound. Patrick certainly has an impressive vocal range for this genre and you felt the pain and rawness in tracks such as "Sleep" and "Black Sheep". I'm a sucker for the vocals that have raw emotion over trying to sound clean, polished and precise in the studio. "Subconscious Thoughts" blindsides you with this heavy groove, while switching up tempos and having a melodic chorus.

Lastly, 9 Stitch Method is a two-piece band while also hiring out a YouTube artist out of Brazil for drums and beats. I honestly thought I was listening to a five piece band that has all the

necessary components plus the programming effects into their sound. It is a full wall of sound that evokes raw emotion and passion in their music. There is quite a range from an arrangement standpoint between each track on “Jaywalking Somnambulist”.

If you want music sounding so raw that blood is still dripping from the carcass, then tomorrow you need to download or get a copy of “Jaywalking Somnambulist” by 9 Stitch Method. The tracks are brutal and honest and come from a dark place, which might be enlightening for the listener!

<https://madnesstocreation.net/2019/09/27/jaywalking-somnambulist-by-9-stitch-method/>

My Little Underground:

<https://adawofford124.wixsite.com/mylittleunderground/post/9-stich-method-jaywalking-somnambulist>

First Angel Media:

<https://www.firstangelmedia.com/9-stitch-method-jaywalking-somnambulist/>

Build the Scene:

<https://www.buildthescene.com/9-stitch-method-3qs017-5/>

Jaywalking Somnambulist tracklist:

- 1) Lethargic Reason
- 2) Jars
- 3) Sleep
- 4) JD
- 5) (Sub)conscious Thoughts
- 6) Scorn
- 7) Bridge
- 8) Black Sheep
- 9) Ceiling
- 10) The Fear Is What Keeps Us Here

Lyrics/Tracklisting:

1-Lethargic Reason

Can you hear me?

Lethargic reason replaces this sense of doubt, I'm tearing at the shroud, my fingernails chipped and worn down

There's no meaning inside this, I cannot watch this anymore

There's blood everywhere here, no sight of the guilty except the memory of words inside these fragmented thoughts

Can you hear me? God I can't scream it any louder.....can you hear me?

My blood curdles as my hair stands up upon this realization:

It was there all along before my eyes, my body lifeless for a moment to find the words to speak.....

Jaywalking somnambulist.....

2-Jars

They store light in jars, a senseless fascination, as i dangle so blindly....I sleep so soundly

Like a swarm, fervently blistered, like a swarm....never again

I see these wings that you've clipped oh so silently, to fall beneath, so blindly as you walk through this life kept in jars.....never to return again

To lock life in a jar, and never see the sun again

Like a swarm, fervently blistered, like a swarm....never again

I see these wings that you've clipped oh so silently, to fall beneath, so blindly as you walk through this life kept in jars.....never to return again

Could we ever see the sun again? Your crutch to carry...I'm not alright, it's not alright

Jars.....

I see these wings that you've clipped oh so silently, to fall beneath, so blindly as you walk through this life kept in jars.....never to return again

Now could we ever see the sun again? Your crutch to carry...I'm not alright, it's not alright

3-Sleep

Ends of nerves in the realest sense, I've never seen the likes of this, expulsion draws conclusion
in a peripatetic view of convoluted intent, distance lies within the water as we carry on so
aimlessly, yet I can't help but find, perspective lost amongst the site.....

Don't stop to breathe, there's no coming back from this, what does it take to wash these bloody
hands

I still cant believe we found our way to this, sickening really...as I can't stop laughing

Driving further, far past the obscene, keep driving further, far past the obscene

What a place to be, in the depths of mind where no one sleeps, I found refuge in this, where the
sun still sleeps.....

We've all been damned to this, no rest in sight, our bloodshot eyes pried open wide

We are the sleep walking elite, where the sun still sleeps

Sleepwalking awake.....

4-JD

I spend my time, pined away over the ruse, deflating fascination circling the hue, This isn't
something you can worry away, it's merely something I've engulfed in a way.....

You can see from a distant sight....how can you sleep with that look in your eye

Bidding farewell beyond the sight....all I see is white.....

Washed along with depravity amongst your disease.....

And wait for the day, for you to come home

It's all that I can do is wait

5-(Sub)conscious Thoughts

Drown that sound and hold tight, cuz it's a feeling that doesn't sleep beyond their strain of
subterfuge

Try and think of motive that don't conflict.....I'm wearing thin

We are the ones forsaken, left to walk this narrow road, we are the amalgamut, broken and
hollow

Yet I found some peace locked away in the corner, just try and understand:

That I have urges to strike up the conversation, yet it still cuts like glass

Beware, they come in 3's, beware, the plague they breed

Finding oneself inside this place, a dying realization that I must see.....

Elegant refuge awaits while locked outside....in the storm

Yes, they come in 3's.....

6-Scorn

You're stabbing with such murderous intent, bury my body at the bottom of the ocean floor.....

And I'll take you with me, so no one will have to face and endure this scorn again

Never again.....

Inside this hell we reside, I'll keep you with me for all time

No longer will your life breathe death, no longer will they have to face.....this scorn again

7-Bridge

Buried under the bridge, where the embers swell....

Don't let go, but please pry me from the grip

A back and forth sort of stance, just drive the nail in the coffin

Sleep isn't meant to be had with memories like these.....

8-Black Sheep

A haunting disturbance if you will, so cynical, INSTILLED WITHOUT REALIZATION, the will to go on wears on everyday, an eager sense OF DEMISE WITHIN THE PREMISE, a nightmare but I can't sleep, they say silence is golden, still locked outside....AND IT'S BEEN RAINING FOR DAYS, the sun yet to shine, grey wings cover over this night, I'm losing my mind....AS THESE WALLS BEGIN TO CAVE.....

(somewhere between stillborn and breach, drowned in bleach, white washed with no sign of redemption)

YOU LEFT A MARK SO DEEP, OH GOD PLEASE TELL ME WHY, WHY CAN'T YOU TELL ME WHY?!?!?!?

Everyday the mind wonders aimlessly, these images...OF OBSCURITY, LOCKED IN THIS PLACE, the black sheep wonders with such noble cause, so cold...EVER GAZING, IT'S NEVER ENDING, take a good look inside cuz I'm begging you to find some peace of mind..... I'M SCREAMING UNTIL I BLEED OUT, could you ever really see what this means to me, a scapegoat....BURY ME INSIDE THE FALL.....

(somewhere between stillborn and breach, drowned in bleach, white washed with no sign of redemption)

YOU LEFT A MARK SO DEEP, OH GOD PLEASE TELL ME WHY, WHY CAN'T YOU TEL ME WHY?!?!?!?

why.....

Folding alongside the heart strings, making my way through these veins, I'm open wide in a surreal state of clarity, all to vanish from under the tide, hold me up.....pull me up

black sheep.....

I can't take this anymore, I want it back.....but it's far too late, I watched these days slip away in the blink of an eye

All I can do is stand under the silence, oh how I miss the sound of that voice, nurturing all while being led to the slaughter, with all that's in me....i want it back.....

9-Ceiling

11:56:

eyes up at the ceiling

Cumulative faction, a stain absolving the remains, blank words with stares that say what words never could say.....

Eyes up at the ceiling

I heard it round the town, you best believe it's true, cuz I'm begging you to see it, I'm begging you to follow through.....

Wring my neck, im begging you to follow through, wring my neck, you better follow through

In the limelight of these hours, I roam free amongst the streets.....

The eyes that peer around every corner, are weary of an ill fed sheep

It's like staring up from the cage, as the water sweeps in, neck deep as I sink, the vultures circle in.....

Coming down from the rush of it all, it's such a swirl of bitter recluse.....

Oh you blurred the line again, martyr to vulture.....

Or vulture to martyr?

I can't make sense of it.....

When will it end?

When will it drain me out?

10-The Fear Is What Keeps Us Here

Left settled in the adornment, abhorrent it escalates, this fear is what keeps us here, diluted in its dreamstate.....

An overwhelming sensation, that leeches off what's inside, an overwhelming sensation....as I gaze upon its face.....

And I don't fear nothing, I don't fear nothing at all....but what I do fear is.....this ghost inside

And I fear I'm losing my mind, from this ghost that lives inside

A night of irrational thought, usurped by insomnia's deathbox, this torrent stains the face of this ghost

Close my eyes, I'm not afraid

And I fear I'm losing my mind, from this ghost that lives inside

Have you taken my soul over, am I even alive?

And I fear.....

The fear is what keeps us here

And I watch you watch me, fall away so quietly, and I watch you fall away.....and drift away do silently

The fear is what keeps us here, I'm falling away.....

Album tracks and artwork

<https://www.dropbox.com/sh/hsbh4idjayj0pei/AAAR9vgJpV9MDXFWRo3iYCIa?dl=0>

Bio:

9 Stitch Method is a 2 piece Alternative Metal band based out of Pittsburgh, Pennsylvania. Ranging from the Nu Metal vibes of Mudvayne to the frantic Mathcore of Norma Jean, the band hits hard with the sounds of melodic inflections, dissonant juxtaposition, and schizophrenic vocal stylings. With their aggressive stage presence and unique use of backing tracks, 9 Stitch Method has been taking their live show all across the Pennsylvania/Tri-State area, making it as far down as Nashville, Tennessee while opening up for national acts such as Trapt and Hinder as well as playing the Ohio Underground.

In 2019, the band signed to the Brutal Business Entertainment roster and have since released their debut album "Jaywalking Somnambulist".

Commercial credits:

Heavy metal over a six pack:

https://www.podomatic.com/podcasts/hmoa6pack/episodes/2019-09-19T17_31_45-07_00

Hot lixx with Lily Sixx

<https://www.facebook.com/HotLixxLilySixx/>

Uncovering the Underground

<https://youtu.be/5lbZzXm5PLk>

The Working Stiffs Podcast

<https://open.spotify.com/episode/0Akce6ZZz6fKWI6FCBVmf1?si=fZsSeEDsSdKtFacasxb-Ng>

Start the Bear with Sikes:

https://m.facebook.com/story.php?story_fbid=2573105652726589&id=1553743234887304